

## Nina Brochmann and Ellen Støkken Dahl

*The Wonder Down Under* (Gleden med skjeden)

Aschehoug | 2017 | 308 pages

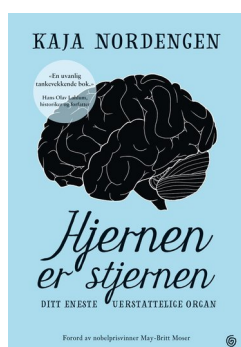
*The Wonder Down Under* is a book which explains everything you wanted to know about the vagina but didn't dare to ask. It also deflates a lot of things you thought you knew but which the authors show are actually just myths.

*The Wonder Down Under* is written with grace, humour, authority and non-judgemental straightforwardness.

Illustrated by Tegnehanne.

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## Kaja Nordengen

Your SUPERSTAR Brain (Hjernen er stjernen. Ditt eneste uerstattelige organ)

Popular Science | Kagge Forlag | 2016 | 204 pages

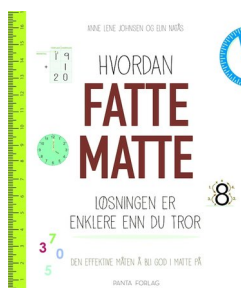
Your superstar brain makes you who you are. It enables you to communicate with other people, from simple messages to subtle use of irony.

The brain gives you feelings and personality. The brain keeps memories from early childhood, it makes you able to learn new skills and knowledge.

The brain makes you fall in love, and helps you interpret complex patterns and information. But the brain can also tempt you to make bad choices, and it rewards addiction.

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## Anne Lene Johnsen and Elin Natås

Easy Path to Good Maths (Hvordan fatte matte)

Educational | Panta Forlag | 2017 | 288 pages

*The book Easy Path to Good Math* offers a revolutionary guide to the understanding of basic math. The book argues against the reigning myth postulating that memorization is the best way to master math. By instead focusing on the basic principles of math, you will be able to help your child achieve outstanding progress.

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## Erling Kagge



Silence in the Age of Noise. The Joy of Shutting out the World (Stillhet i støyens tid. Gleden ved å stenge verden ute)

Essay | Kagge Forlag | 2016 | 144 pages

"Whenever I am unable to walk, climb or sail away from the world, I have learned to shut it out. Learning this took time". The author poses three questions: What is silence? Where can it be found? Why is it more important now than ever? A personal, charming and significant book on a topic that powerfully addresses our modern times. "Shutting out the world is not about turning your back on your surroundings, but rather the opposite: it is seeing the world more clearly, maintaining your direction and taking a stab at loving your life."

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## Hilde and Ylva Østby

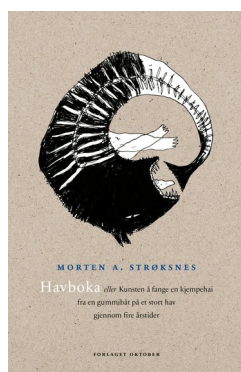
Diving for Seahorses. A Book About Memory (Å dykke etter sjøhester)

Popular Science | Cappelen Damm | 2016 | 272 pages

Take a plunge into the science of memory, together with sisters Hilde and Ylva Østby. They explore the many facets of memory and how it influences our lives, both from a neuroscience perspective and through conversations with some of the most influential memory researchers of our time. *Diving for Seahorses* explains memory through personal and vivid tale telling, combining the best of two craftsmanships: Hilde is a novelist, and Ylva is a neuropsychologist.

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## Morten Strøksnes

Shark Drunk. The Art of Catching a Large Shark from a Tiny Rubber Dinghy in a Big Ocean through Four Seasons (Havboka)

Travelogue | Forlaget Oktober | 2015 | 320 pages

A book about a mission, the famous Lofoten islands and the art of catching a shark from a tiny rubber dinghy. More than anything: It is a book about the ocean. With *Shark Drunk*, Morten Strøksnes has written an award-winning and superbly enjoyable book, full of knowledge, enthusiasm and excitement. Strøksnes attempts to acquire the ocean's swaying language through uses of poetry, science, history, ecology, fiction, mythology - or the almost obsolete language older local fishermen still use to describe the sea. The result is a salty and entertaining book.

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