



Hilde, Ylva Østby

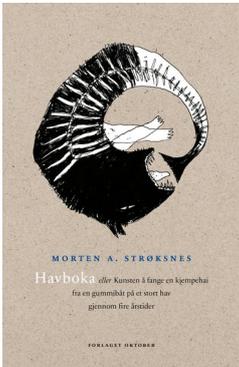
Diving for Seahorses. A Book About Memory (Å dykke etter sjøhester)

Popular Science Cappelen Damm 2016 272 pages

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Take a plunge into the science of memory, together with sisters Hilde and Ylva Østby. They explore the many facets of memory and how it influences our lives, both from a neuroscience perspective and through conversations with some of the most influential memory researchers of our time. *Diving for Seahorses* explains memory through personal and vivid tale telling, combining the best of two craftsmanhips: Hilde is a novelist, and Ylva is a neuropsychologist.



Morten Strøksnes

Shark Drunk. The Art of Catching a Large Shark from a Tiny Rubber Dinghy in a Big Ocean through Four Seasons (Havboka)

Travelogue Forlaget Oktober 2015 320 pages

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A book about a mission, the famous Lofoten islands and the art of catching a shark from a tiny rubber dinghy. More than anything: It is a book about the ocean. With *Shark Drunk*, Morten Strøksnes has written an award-winning and superbly enjoyable book, full of knowledge, enthusiasm and excitement. Strøksnes attempts to acquire the ocean's swaying language through uses of poetry, science, history, ecology, fiction, mythology - or the almost obsolete language older local fishermen still use to describe the sea. The result is a salty and entertaining book.

our modern times."Shutting out the world is not about turning your back on your surroundings, but rather the opposite: it is seeing the world more clearly, maintaining your direction and taking a stab at loving your life."