

Sigri Sandberg

In Defence of Darkness (Mørke. Stjerner, redsel og fem netter på Finse)

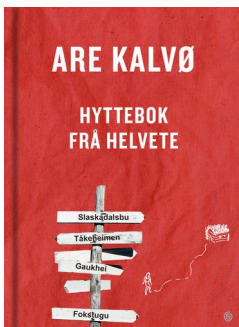
Narrative Non-Fiction | Samlaget | 2019 | 156 pages

Sigri Sandberg has always been afraid of the dark. She undertakes a solo voyage to the mountains in the dead of winter to probe the darkness as well as uncover what lies behind her own fear. As she journeys, she introduces us to another woman, Christiane Ritter, who spent a long winter in a trapper's hut on Svalbard in 1934.

Sandberg writes about what happens to the body at night. She touches on sleep, stars, black holes, northern lights, but also airspace laws and the global struggle to maintain a night sky. Could it be that the scary darkness in fact is much more important than we may have thought?

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Are Kalvø

Hiking to Hell (Hyttebok frå Helvete)

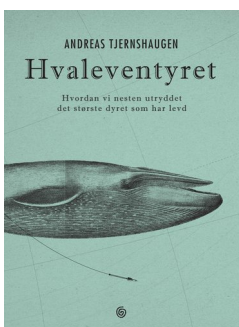
Essay | Kagge Forlag | 2018 | 328 pages

A comedian's reluctant attempt to learn to love nature

Are Kalvø grew up smack dab in the middle of a postcard in north-western Norway, surrounded by fjords and mountains that people from halfway across the globe travel to see. Yet he's never been much of an outdoorsman. Once he moved to the city, he never looked back. This has never been a problem. Until a few years ago, Kalvø began losing friends to the mountains. One day, Kalvø realized that he did not have a single Facebook friend who had not posted a single photo of themselves on a mountain. That's enough to make a person start wondering. Is it perhaps me who has been mistaken all this time? In fear of missing out on something, he heads out to the mountains himself...

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Andreas Tjernshaugen

Whale Tale. How we hunted the world's largest animal to the brink of extinction (Hvaleventyret. Hvordan vi nesten utryddet det største dyret som har levd)

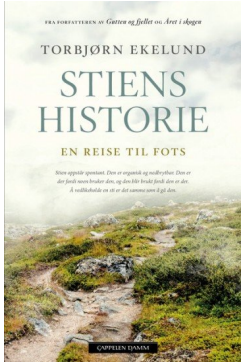
History | Kagge Forlag | 2018 | 344 pages

Whale Tale is a gripping history of the encounter between humans and the world's largest creature. It describes the whales' annual trek from the ice to warmer oceans, the perilous expeditions of pioneer whalers to the polar seas as well as the struggle to save the world's last remaining blue whales.

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HIGHLIGHTS Nature/Popular Science



Torbjørn Ekelund

History of the Path. A Journey on Foot (Stiens historie. En reise til fots)

Essay/Cultural history | Cappelen Damm | 2018 | 192 pages

Torbjørn Ekelund takes the reader on a personal and fascinating journey through the history of the path, from when the first humans migrated north after the last ice age to the organised hiking trails of our time. *Stiens historie* is a tale of movement and sense of orientation, migration and shortcuts, about the migration routes of birds and animals, about the landscape's significance to our lives, about our inherited need to move around, and about what we have lost in an age where everyone sits in an office, drives a car and navigates using GPS.

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Jon Larsen

Starhunter (Stjernejeger)

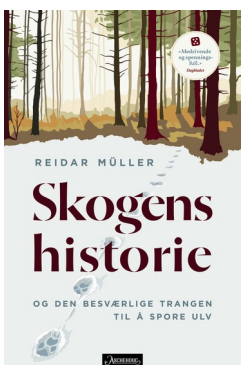
Natural Science | Cappelen Damm | 2018 | 320 pages

The solar system is a dusty place. Every day approximately 100 metric tons of cosmic dust collide with Earth, mainly in the form of micrometeorites. Still, little is known about these exotic extraterrestrials. Is it possible to find micrometeorites in populated areas? The question has been raised for nearly a century, and despite numerous attempts, the answer has been a very short 'No'. Until, that is, Jon Larsen managed to solve this puzzle, which was rated among the top 100 Discoveries of 2017 by Discover Magazine.

Starhunter explains the history of micrometeorites, and offers chapters about micrometeorite formation, classification and analysis—and it explains what it is like to hold a part of cosmos in your hands.

Northern Stories | astrid@northernstories.no | www.northernstories.no

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Reidar Müller

Howling in the Woods – The History of the Forest and the Man Who Came Looking for the Grey Wolf (Skogens historie)

Popular science | Aschehoug Forlag | 2018 | 270 pages

A predator, mythical and debated, is lurking around in the Scandinavian woods. At first the author just wants to get close to it. Then his search becomes an obsession.

The forests of folklore are the homes of strange, supernatural creatures. But worldly beasts have also aroused wonder and fear. None more so than the wolf. Reidar Müller, an otherwise sober naturalist, becomes deeply fascinated with this mysterious animal of prey. He learns from experienced woodsmen how to track the wolf, and is drawn ever deeper into the woods. Until he finds himself standing alone in the wilderness, howling to the Grey Wolf.

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HIGHLIGHTS Nature/Popular Science



Bjørn Vassnes

The Kingdom of Frost (Frostens rike)

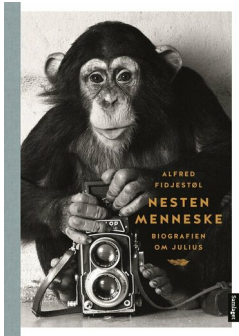
Popular science | Cappelen Damm | 2017 | 192 pages

The Cryosphere is the name of those parts of the earth that contain frozen water; like snow, ice, permafrost, glaciers - and something that very few has heard of: invisible glaciers. This is a part of the world that most of us only know from afar - with the exception of Norwegians and other Northerners. But we see less and less of it, as the area is shrinking.

Bjørn Vassnes is Norway's leading science journalist and native to the arctic plateau of Finnmarksvidda, and in *The Kingdom of Frost* he takes us on a fascinating journey through climate research, biology, cultural history and archaeology.

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Alfred Fidjestøl

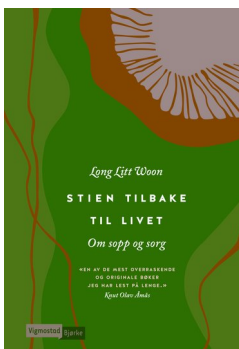
Almost Human – A Biography of Julius the Chimpanzee (Nesten menneske. Biografien om Julius)

Biography | Samlaget | 2017 | 228 pages

Julius the Chimpanzee is the most famous animal in Norway. He was born in Kristiansand Zoo in southern Norway in 1979. Six weeks old he was rejected by his mother and had to live with a human family for one year. A camera crew followed him and the following TV program made him into a celebrity in Norway. The humans tried to raise him as a regular chimp and in due course he was returned to his own tribe. But he was frequently brought back to the humans and for a long while he was homeless in both worlds. This book tells the remarkable history about this unique chimpanzee life. Using international research on chimpanzees, the author attempts to find out and understand what goes on in the head of chimpanzees like Julius.

HAGEN AGENCY by Eirin Hagen | post@hagenagency.no | www.hagenagency.no

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Long Litt Woon

The Way Through The Woods: Of Mushrooms and Mourning (Stien tilbake til livet. Om sopp og sorg)

Narrative Non-Fiction | Vigmostad og Bjørke | 2017 | 300 pages

This is a story about a journey that started abruptly when the author's life collapsed. In the midst of paralyzing grief, she stumbles upon the wondrous world of mushrooms. As she sets out on a voyage of discovery into the realm of fungi, she ventures along a parallel journey through an inner landscape of pain and sorrow.

As Long takes the reader through this simultaneously funny and heartbreaking story, her unusual, personal quest soon feels familiar; at its underlying core the story is one of common human experience.

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HIGHLIGHTS Nature/Popular Science



Hilde and Ylva Østby

Diving for Seahorses. A Book About Memory (Å dykke etter sjøhester)

Popular Science | Cappelen Damm | 2016 | 272 pages

Take a plunge into the science of memory, together with sisters Hilde and Ylva Østby. They explore the many facets of memory and how it influences our lives, both from a neuroscience perspective and through conversations with some of the most influential memory researchers of our time. *Diving for Seahorses* explains memory through personal and vivid tale telling, combining the best of two craftsmanships: Hilde is a novelist, and Ylva is a neuropsychologist.

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Dag O. Hessen

C (C. En uautorisert biografi)

Popular Science | Cappelen Damm | 2015 | 256 pages

Most of the life processes within and around us involve carbon in one form or another. Carbon in pure form can be both graphite in a pencil, and diamond. It is also the starting point for most of the synthetic materials which pervade modern life. However, the essence of Dag O. Hessen's story is the lifecycle of carbon, the important balance between photosynthesis and cellular respiration, between building and burning. This book gives us the basis we need for that understanding. It is an informal, well-informed book written with strong personal commitment by one of Norway's best presenters of research and science.

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Andreas Tjernshaugen

The Secret Life of Small Birds (Meisenes hemmelige liv)

Popular Science | Kagge Forlag | 2015 | 223 pages

Did you know that great tits that have grown up in a blue tits' nest, often sing like blue tits? Or that the golden color on a tits chest comes from the same coloring as that which makes fall leaves yellow?

In *The Secret Lives of Small Birds*, we follow the great tit and the blue tit through an entire year. Here you can read about how the tits live and learn, how they choose their partner, how they survive the harsh winter and why they sing. And perhaps the tits are more similar to us than we think?

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