Nina Brochmann

Exposed. The Sick History of Women's Sexuality in Medicine

Avkledd. Den syke historien om kvinners seksualitet i medisinen

Genre: Non-Fiction
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For 3,000 years, women have been branded as whores, witches and saints; nymphomaniacs and sexless souls; hysterical, frigid and greensick from virginity. Women's desire has been a threat – its absence a diagnosis. Doctors have denied the existence of the clitoris or turned it into a threatening abnormality, all depending on what suited the prevailing ideas of science's leading men.

In *Exposed*, Nina Brochmann examines female sexuality as it has been defined, diagnosed, and cured throughout the history of medicine. With medical insight and wry wit, she reveals how science, culture, religion, and power have colluded in controlling female sexuality, and how old mythologies and misogyny disguised as science still have real life consequences for women´s sexuality and medical care today.

Exposed is not just about sex, but about who has had the right to define the female body – and what it has cost. Your sexlife has a history, and it's time to lift the covers.

'The author of *The Wonder Down Under* impresses again [...] This is powerful stuff. [...] this incredible book [...] an impressively rich work [...] It also features some quite fantastic illustrations.'

Dagbladet, 5/6 stars

'It paints a grim picture, and is a book that everyone should read. [...] light and entertaining about doctors, scientists (including some women), virgins and prostitutes throughout history. [...] The book is also an eye-opening experience [...] It should be for men too, and doctors. And teenagers. Yes, everyone.'

Bok365

'An essential book recommended for both sexes'

Stavanger Aftenblad, 5/6 stars

Photo: Astrid Waller

Nina Brochmann (born 1987) is an author and a doctor. Together with Ellen Støkken Dahl, she has written several award-winning books. Brochmann and Dahl met while studying and started the professional blog *Underlivet* together. Since then, they have written the international bestseller *The Wonder Downunder* (2017), which has been translated into 36 languages, and the puberty guides *The Girl Book* (2019) and *The Boy Book* (2021). Their TED talk *The Virginity Fraud*, about the myths surrounding the hymen, has been viewed over 11 million times.

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