

Katharina Vestre

The Secret Life of Cells

Cellenes hemmelige liv

 NORLA Selected Title

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The story of everything that lives and what we are made of.

Right now, your heart cells are contracting rhythmically, while immune cells are crawling around your skin. Your bones are eating themselves, nerve cells are extending new branches through your brain, and a blood cell is making its last trip through your veins. A small part of you is dying, another is being born. This is the story of the life in your body.

How does the immune system know who you are? Will supercomputers in the future be powered by nerve cells? Can new technology give us artificial blood? And why is cancer so common for humans, but almost unknown for elephants?

Join biologist Katharina Vestre on a journey from the surface of the skin to the skeleton, the gut and the brain. Discover the body as you've never seen it before.



Photo: Henriette Sagfjord

Katharina Vestre (b. 1992) has a PhD in cell biology from the University of Oslo. Her debut, the popular science book, *The Making of You. A Journey from Cell to Human* (2018), is translated into 23 languages. She has written the non-fiction children's book, *The Animal Book of Records* (2020), together with her sister Linnea Vestre, who also has illustrated both titles.

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