

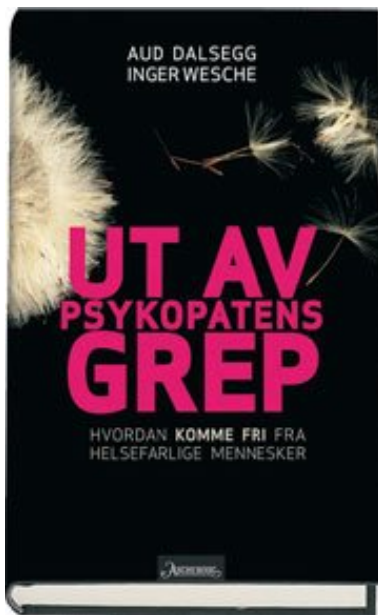
Aud Dalsegg  
Inger Wesche

# Escaping the Grip of a Psykopath

## Ut av psykopatens grep

Genre: Non-Fiction  
Category:  
Publisher: Aschehoug  
Year: 2008  
Pages: 319

This book separates itself from previous publications on psychopathy by focusing on the victims. In addition to illuminating the problem in itself, it is meant as a self-help book to give specific advice on how to break away from the hold of a psychopath. It also deals with the situation of the children, and the consequences for them. The book is also useful for others who would like to learn more about psychopathic behaviour and how it can affect families and professional life.



Aud Dalsegg was the co-writer of the best seller *Charmer and Tyrant* (1997, 2000). She has also written about the problematics of psychopaths and their victims in *Dagbladet*, one of Norway's largest newspapers, where she works as a health journalist.

### Foreign sales

Finland (Basam Books), Russia (Alpina), Sweden (Optimal), Turkey (Paloma Yayinevi)

### Rightsholder

Oslo Literary Agency |  
[www.osloliteraryagency.no](http://www.osloliteraryagency.no) |  
[even.rakil@osloliteraryagency.no](mailto:even.rakil@osloliteraryagency.no)