

Aksel Kielland

Possessed. How Digital Capitalism Invaded the Human Body

Besatt. Om hvordan den digitale kapitalismen invaderte menneskekroppen

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Our relationship with technology is usually described in terms of the brain. But anyone who has ever felt the acute urge to interrupt what they are doing to click through a random stream of images and videos, knows that this instinct resides in the body.

In *Possessed*, Aksel Kielland explores how our digital addictions are eroding our ability to concentrate, and how this ties into artificial intelligence, Silicon Valley ideology, and the recent right-wing turn among young people.

Using critical theory and the visceral imagery of the body horror genre, Kielland offers a strikingly original perspective on how technology — and the tech industry — is shaping our lives and our world.



Aksel Kielland (b. 1983) is a media scholar, writer and film and television critic at the weekly Morgenbladet.

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Interview
[Read our interview with the author here](#)



'A radical and sensual new way of thinking about the body and artificial intelligence. Absolutely fantastic.'

Lena Lindgren, journalist and author

'an important and long-awaited contribution.'

Fri Fagbevegelse (Norwegian Trade Union online Magazine)

'[...] the author's framing of AI as a social and cultural phenomenon is some of the best that has been written on the subject in Scandinavia. [...] a pitch-dark dystopia and a grim critique of capitalism, and its analyses feel completely convincing. [...] I could quote pages of interesting points and convincing analyses [...] It is difficult not to share the pessimism of Kielland, but his fascinating book reminds us of how much is at stake.'

Weekendavisen (DK)