

Åsmund H. Eikenes

Your hands. A voyage of discovery from fins to fingers

Handboka. Alt du vil vite om hendene dine – og litt til

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Your hands are the result of evolution over billions of years. Biologist Åsmund H. Eikenes takes us on a journey from the primordial soup to your hands. How do they work and how do they communicate with the brain? How does the skin protect us from harmful bacteria and viruses? What if we lose a finger, will we be able to produce a new one in the laboratories of the future?

Åsmund H. Eikenes relates a host of engaging narratives about recent science, medical breakthroughs and fascinating discoveries, all with your hands as the starting point. This book is a voyage of discovery into biology, a journey back in time, into the body and towards future scientific advances.

In this accessible and captivating book you will also become more familiar with your own hands through observations and small experiments.



Photo: Jon Olav H. Eikenes

Åsmund H. Eikenes (b. 1986) holds a PhD in cellular biology from the Centre for Cancer Biomedicine at the University of Oslo. He has a great ability to impart specialist knowledge to the layman.

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