

Anne Lene Johnsen and Elin Natås

Easy Path to Good Maths
Hvordan fatte matte

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288 Pages
English material available

NON-FICTION
EDUCATIONAL



The solution is easier than you think.

The book *Easy Path to Good Maths* offers a revolutionary guide to the understanding of basic math. The book argues against the reigning myth postulating that memorization is the best way to master math. By instead focusing on the basic principles of math, you will be able to help your child achieve outstanding progress.

Children and youths often struggle with the math curriculum in elementary school, and this book explains why and how they face these learning problems. Also it shows how to solve these problems in the most efficient way. Even better: The parents need not be good at math to help their children improve their math skills.

The book is easy to understand and use. It is written in a vocal way with easy explanations on each subject. Follow the instructions in the book to rid yourself of your math problems -- once and for all. The book was the most sold Norwegian non-fiction title first half 2017

Elin Natås grew up experiencing severe learning difficulties, and did not learn to read, write or understand math until she was in her late thirties. She now works as a special educator and private tutor, and with remarkable results. She has for more than 25 years helped students of all ages who struggle to learn, using the same method she was rescued by herself.

Elin has her training from the University of Oslo and Institute for Applied Pedagogics (INAP). She is one of Norway's leading authorities on the pedagogical model "Basic concept teaching" (developed by professor Magne Nyborg and special educator Ragnhild Nyborg). Her daily office is with "The Centre for Better Learning" in Oslo.

Anne Lene Johnsen is the math whiz who solved math problems in her spare time just for fun. Today the former Mensa president is a known columnist within mental health and educational aspects, has authored several mind gym books, and spend most of her career teaching and writing about what it takes to make our minds work most efficiently – including having tested her skills as a high school math teacher.

Anne Lene has a Master of Business and Management-degree, a BA in psychology, and have studied cognitive neuroscience and social psychology on master- and PhD-level. She is the owner of The BrainFactory where she arranges courses for parents and teachers on how to learn and make the best out of our brains.

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Stilton Literary Agency
Hans Petter Bakketeig
+47 47 674759
hanspetter@stilton.no
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