

Line Tiller

Super Week. How ovulation kickstarts your career, workouts, creativity and dating life – every month

Superuka - Hvordan syklusens beste uke hjelper deg med jobb, trening, kreativitet og ligging!

Genre: Non-fiction
Category: medicine/ self help
Publisher: Kagge
Year: 2024
Pages: 208
ISBN: 9788248935285
English sample translation available

The female cycle has a well-kept secret. The seven days leading up to ovulation. For healthy, menstruating women this week bring a cascade of gifts; extra self-confidence, sex drive, creativity, happiness and can transform us into emphatic hard-working machines. We all know about the lows of PMS, blood and pain, but we never really talk about the opposite side. 'A couple of days before the egg pops, a queue of cool hormones party in your body, its like a Red Bull topped off with an Irish Coffee mixed with a few lines of natural cocaine', Line Tiller writes in *Super Week*. She has interviewed researchers, doctors and experts on the subject, and injected her own experiences related to these up until now hidden and very special days. When you know how to take advantage of this natural high it can change the way you work, date, plan, eat, talk, sleep, negotiate and work out – every month. In this riveting, funny, shameless, and informative book you learn how you can make the most of your Super Week.



Photo: Agnete Brun

Line Tiller (b. 1983) grew up in Trondheim, Norway. She started her career as a freelance journalist and photographer when she was 15 years old. She has studied both anthropology and sociology (and some Spanish) and has been writing long read documentaries for Norwegian newspaper magazines for 25 years. She has also worked as a reporter and host for TV and radio channels. Line was based between New York, L.A. and Barcelona for more than ten years. Since 2015 she has been particularly interested in the female cycle. This has led to hundreds of conversations with a variety of researchers, doctors, experts, and women in the Nordics, Europe, and the USA about hormones, egg donation, egg freezing, menopause, and fertility. *Super Week* is her first book.

Foreign sales

Danish (People's Press), Finnish (Gummerus), Hungarian (Figura), Spanish - (Planeta - Spain), Swedish (Bonnier Fakta)

Rightsholder

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Interview

[Read our interview with the author here](#)

Ivo de Figueiredo

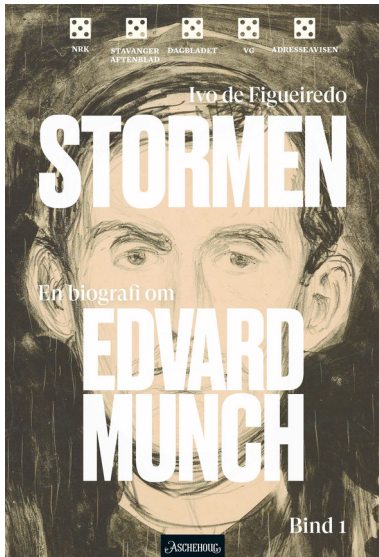
The Storm - A Biography of Edvard Munch. Book 1

Stormen - En biografi om Edvard Munch. Bok 1

Genre: Non-fiction
Category: Biography (Vol. I of II)
Publisher: Aschehoug
Year: 2023
Pages: 366
ISBN: 9788203363481
English sample translation available

Edvard Munch is not only celebrated as Norway's preeminent artist, but he also stands as a singular figure who has etched a permanent mark on global culture. *The Storm* chronicles the life of this prodigious artist who, after rattling Kristiania with his revolutionary artworks, made a dynamic entrance onto the European stage, emerging as a formidable force from the north. From the iconic 'The Scream' to captivating pieces like 'Madonna' and 'Vampire', Munch did more than merely depict scenes; he rendered raw emotions on canvas. His life and oeuvre navigated through an era marked by monumental shifts in both global events and the artistic domain. To understand Munch's journey is to journey through the tumultuous backdrop of his contemporary Europe.

Winner of the 2024 Mads Wiel Nygaard's Endowment
Nominated for the 2023 Critics' Prize



'Ivo de Figueiredo's new Munch biography is an event (...). I only put the manuscript down when I had to. (...) With flow, pace, and a sense of anecdotes, the biographer follows the chronically restless, increasingly alcoholic artist from city to city, from environment to environment, from room to room, from painting to painting. (...) As soon as I finished 'The Storm' I started looking forward to the next volume.'

Klassekampen

'Outstanding about Munch! *The Storm* is the first volume in what will almost certainly become the definitive work on Edvard Munch for a long time to come.'

VG

'Grand Munch Biography. Every generation needs its Munch biography. This one will endure far into the next generation.'



Photo: Agnete Brun

Author, historian, and critic Ivo de Figueiredo (b. 1966) is the most celebrated biographer in Norway with a bibliography containing several award-winning titles. In 2006/2007 he published a biography *Henrik Ibsen. The Man and the Mask*. This biography is today considered the most complete, well written and well researched biography on Ibsen.

Later came non-fiction titles for YA readers, the true crime title *The Mystery of Ingeborg Køber*, and the story of his own family *A Stranger at My Table*, of which one critic wrote: 'With *A Stranger at My Table* Ivo de Figueiredo expands the understanding of what non-fiction can be [...] One of the most significant Norwegian author of our time.'

In the fall of 2023, Ivo de Figueiredo released the first volume of his new biography *The Storm: A Biography of Edvard Munch* to rave reviews. The second volume will be published in the fall of 2024.

Foreign sales

Arabic (Kotob Khan), Danish (Gutkind), Polish (Znak Koncept)

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Interview

[Read our interview with the author here](#)

Adresseavisen

Birger Emanuelsen

Before They Disappear - An attempt to understand what children are

Før de forsvinner - et forsøk på å forstå hva barn er

Genre: Non-fiction

Category: Narrative non-fiction/ Essay

Publisher: Cappelen Damm

Year: 2024

Pages: 285

ISBN: 9788202822231

English sample translation available

Are our children small wonders and mysteries or just stepping stones to adulthood? How have we perceived and treated children throughout history? And how can we get closer to our own children before they grow up?

Birger Emanuelsen investigates and explores our perceptions of children. Through a wealth of sources, he writes about the value and importance of children, how we decide how to treat them, and what it really means to be a parent.

Before They Disappear is a well-informed documentary novel about the responsibility parents have to prepare their children for the world, and how they can approach doing this. But it is also an up close and personal tale about one of the most fundamental questions of life: What is a child?



Photo: Fartein Rudjord

Birger Emanuelsen (b. 1982) made his author debut in 2012, and has received several awards for his novels. He's from Southern Norway, where he lives with his wife and three kids. *Before they disappear* is his first non-fiction book.

Rightsholder

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Interview

[Read our interview with the author here](#)



'This is for those of you who can't stand another banal self-help book.'

Vårt Land

'Birger Emanuelsen has written a poetic and scholarly book about childhood.'

Morgenbladet

Kristin Gjesdal

Unruly Women - Philosophers, Romantics, Revolutionaries

Opprørerne. Kvinner som endret filosofien

Genre: Non-fiction
Category: Philosophy
Publisher: Cappelen Damm
Year: 2024
Pages: 341
ISBN: 9788202824808
English sample translation available

The women in modern philosophy were as brave as they were prolific. The questions they asked were challenging, and the answers they offered were bold and unconventional. The women in modern philosophy delivered uncompromising analyses of truth, knowledge, ethics, social justice, gender, racism, and the relationship between human being and nature. Yet these women have been written out of the history of philosophy – and this to the extent that today we hardly know that they were there.

In Unruly Women: Philosophers, Romantics, Revolutionaries, Kristin Gjesdal brings the reader along to a philosophy class at Temple University in Philadelphia. With a group of students, she explores key ideas and concepts from eleven women who were left out when the history of modern philosophy was written. In a lively and accessible prose, she revisits the life and thoughts of these exceptional women. We encounter Germaine de Staël as she navigates the aftermath of the French revolution, Rosa Luxemburg as she fights for social justice in late nineteenth-century Berlin, and Angela Davis as she confronts American racism in California in the 1970s and beyond.

As activists and as philosophers, these women were rebels in their own time. Their thinking is no less unruly – or relevant – today.



Photo: Lina Hindrum

Kristin Gjesdal is Professor of Philosophy at Temple University, Philadelphia. She has published a number of monographs and research articles on modern European philosophy and been invited to present her scholarship at top-tier universities in Europe, the US, Asia, the Middle East, Australia, and beyond. She has received the Eleanor Hofkin Award for excellence in teaching and won ample international recognition for her research. She also writes popular philosophy in English and Norwegian.

Foreign sales

Germany (Eichborn Verlag), World English (University of Chicago Press)

Rightsholder

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Interview

[Read our interview with the author here](#)



'When I first heard Kristin Gjesdal's lecture on women in philosophy, it was almost a revelation (...) Here is a philosopher suggesting that women's presence in philosophy is not a new phenomenon. Women have been contributing to philosophy since the very beginning of the discipline. Kristin Gjesdal helps us to find the women in modern philosophy, see them, and understand their works. As philosophy. It is a great achievement.'

Solvejg Balle

'Exhilarating enthusiasm [...] an overdue act of justice.'

Klassekampen

Lena Lindgren

Echo. An essay on algorithms and desire

Ekko. Et essay om algoritmer og begjær

Genre: Non-fiction
Category: Essay
Publisher: Gyldendal Norsk Forlag
Year: 2021
Pages: 208
ISBN: 9788205536753
English sample translation available

An investigative essay into some of the greatest challenges of our time:

Echo was the nymph who talked too much. For this, she was sentenced to a fate in which she could only repeat what others said.

In the 2000s, we meet Echo in the principles of media technology: in viral memes, social-media shitstorms and echo chambers. Whoever has the algorithms on their side wins the attention economy's highest prize: being visible. And Echo's great love was Narcissus, he who drowned in his own reflection.

In this essay, Lena Lindgren combines economics, mythology, psychology and science with scenes from Silicon Valley. It is a judgement of our age, a stream of consciousness, and an attempt to portray humanity's blind date with artificial intelligence.

Winner of the Brage Prize for Best Non-Fiction Book 2021



Photo: Julie Pike

Lena Lindgren (b. 1969) lives in Oslo. She is a political editor at Morgenbladet. *Echo. An essay on algorithms and desire* is her first book.

Foreign sales

Denmark (Straarup & Co), German (Kommode Verlag)

Rights holder

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Video

[See YouTube for the author's presentation](#)

Interview

[Read our interview with the author here](#)



'Highly recommended!'

Dagbladet, 6/6 stars

'(...) this is brilliantly considered, first-class essay-writing.'

Vårt Land

'(...) a formidable essay about the enormous power of the tech giants. (...) A gifted and humble attempt to understand the world we share. In fact, her essay is probably the most awareness-raising I have read in a Scandinavian language about the enormous power of the tech world.'

Morgenbladet

'Lena Lindgren's essay on technology is awareness-raising and essential for society.'

Klassekampen

Geir Selbæk

Dementia - Everything you should know about dementia and how it can be prevented

Demens - Alt du bør vite om demenssykdommer og hvordan de kan forhindres

Genre: Non-fiction

Category: Popular science/ medicine

Publisher: Kagge

Year: 2023

Pages: 175

ISBN: 9788248931492

English sample translation available

More people are developing dementia or are at risk of developing it. The good news is that dementia diseases can be prevented, inhibited, and slowed down.

In the book *Dementia*, Norway's foremost dementia researcher, Professor Geir Selbæk, introduces completely new and previously unknown risk factors for developing dementia.

Knowledge about the connection between the individual lifestyle factors and dementia risk, why there is a connection, and how you yourself can influence the risk.

He demonstrates how each and every one can reduce these risk factors, thus lowering the chances of developing cognitive impairment. There is a lot that we can do ourselves to prevent dementia, and the author particularly focuses on eight crucial factors that we can address.

Dementia is one of our era's most significant public health challenges and prevention of dementia is a positive message, but it also involves difficult ethical questions. The road from scientific results to the real world and new treatment is often long.



Photo: Svein Brimi

Geir Selbæk has a Phd in Geriatrics from the University of Oslo and is known as Norway's leading Dementia Professor. His research on aging focuses especially on cognitive impairment and dementia. Selbæk is Head of Research at the National Center for Aging and Health, and was awarded the Dementia Research Award from the National Association for Public Health in 2018.

Foreign sales

Denmark (EC Edition), Estonia (Uhinenu)

Rights holder

Northern Stories

Astrid Dalaker

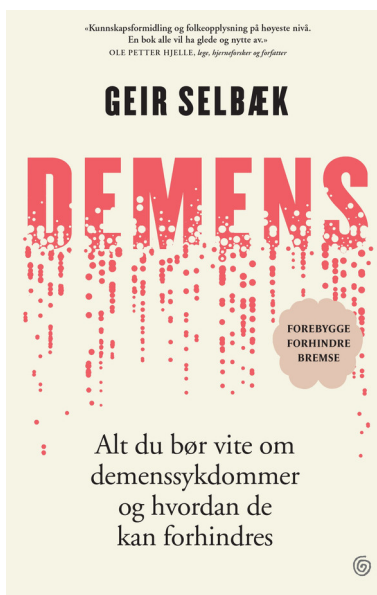
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Interview

[Read our interview with the author here](#)



'Perhaps the best and most important book about the cluster of brain disorders that fall under the concept of dementia. 'Dementia' hits the mark for anyone who fears, knows someone with, or is themselves experiencing early-stage dementia.'

Nettavisen

Anne Sverdrup-Thygeson

Forests. On trees, people and thousands of other phenomenal species

Skogen

Genre: Non-Fiction
Category: Popular Science
Publisher: Kagge
Year: 2023
Pages: 279
ISBN: 9788248933069
English sample translation available

For a tree, life after death isn't just a hope but a reality. This is a book about forests; forest nature, species diversity and people; about the span from the millimetric perspective of an insect's short life – lived in its entirety beneath a scrap of bark – to the miles-wide expanses of sylvan landscapes where our exploitation of forests has shaped cultures and societies over hundreds of years. By weaving together ecology, history, politics and culture into an overarching narrative, the book offers readers an insight into a profoundly fascinating ecosystem, and give them a basis for understanding the role forests play in today's nature and climate crisis.

The first chapter describes the characteristics of a forest. The next deals with forest fires and storms. A third chapter looks at one of the most living things in the forest: dead trees. In the fourth you'll find examples of strange and surprising interactions between dead trees and other species. The fifth chapter is about how it isn't always easy to be a rare species in the forest, while chapter six hops like a hare through history, showing how timber has been used over the centuries. The seventh chapter covers ecosystem services other than timber. In chapter eight, we roam through the cultural undergrowth, defined as all the aspects of forests that rouse emotions and inspire expansive thoughts – be they myths, beliefs, pictures, books or just forests themselves. Or their absence. The ninth chapter is devoted to the ongoing debate about forests, before we round off with the tenth chapter, which is all about time, perspective and the shifting baselines in the forest.

Nominated for the 2023 Brage Prize and the 2023 Norwegian Booksellers' Prize



'No book I have read on the subject in recent years resembles *SKOGEN* by Anne Sverdrup-Thygeson. The book is a masterpiece of popular science.'

Klassekampen

'Wonderful and Terrifying. Anne Sverdrup-Thygeson's book about the forest should be obligatory reading in every home.'

Dagbladet



Photo: Celina Øier

Anne Sverdrup-Thygeson is a professor at the Norwegian University of Life Sciences (NMBU) in Ås, Norway, as well as a scientific advisor for The Norwegian Institute for Nature Research NINA. She has a Doctorate degree in conservation biology and lectures on nature management and forest biodiversity. Her research focuses on insect ecology. Anne Sverdrup-Thygeson has been appointed Honorary Doctor of Forest Sciences at the Faculty of Forest Sciences at SLU in Sweden. In recent years, she has written five books about insects and nature. These critically acclaimed books have been translated into more than 25 languages and are sold all over the world. In addition she has studied history and is interested in outreach activities, runs a science blog and is a regular guest on the popular science radio program EKKO - Abel's Tower on NRK P2. In 2020, she received the Award for Excellence in Communication of Science from The Research Council of Norway.

Foreign sales

Hungary (HGV), Netherlands (De Bezige Bij), Sweden (Polaris), World Spanish (Barlin Libros)

Rightsholder

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Interview

[Read our interview with the author here](#)

Eskil Skjeldal

Mystery of Faith

Mysteriet i trua - Ein samtale mellom Jon Fosse og Eskil Skjeldal

Genre: Non-fiction

Category:

Publisher: Samlaget

Year: 2015

Pages: 161

ISBN: 9788252187182

English sample translation available

In 2013, Jon Fosse converted to Catholicism. Fosse had resigned from the Church of Norway in protest at sixteen, but later found his way back to a religious worldview through his writing. He has been fascinated by Gnosticism and Christian mysticism and been drawn to the Quaker movement – but is now a Catholic. What happened?

In *Mystery of Faith*, theologian and Catholic Eskil Skjeldal, Ph.D. and Fosse discuss the path towards this conversion. They converse about faith and God, spiritual and mystical experiences, writing, alcoholism and illness, everyday life as a Catholic, and what Fosse thinks about the positions of the Catholic Church. In this book, you'll get close to both Fosse and faith.

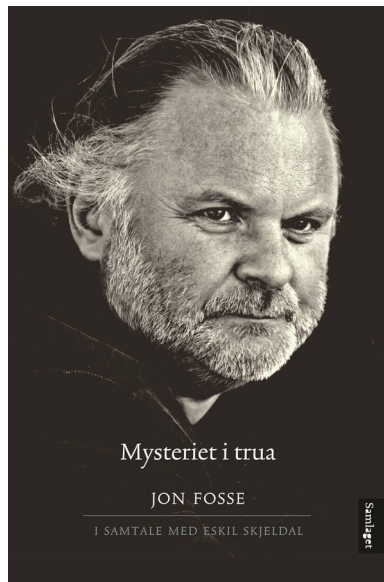


Photo: Synnøve Skree Skjeldal

Eskil Skjeldal (b. 1974) is a theologian, author, and librarian. He has a master's in non-fiction writing from Høgskolen i Vestfold and is a literary critic for *Vårt Land* and a freelance journalist for *Dag og Tid*.

Foreign sales

Croatian (Naklada Ljevak d.o.o), French (Éditions Artège), Hungarian (Kalligram), Italian (Baldini + Castoldi), Polish (Wam), Spanish (Penguin)

Awards

NORLA Selected Title Spring 2024

Rights holder

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Interview

[Read our interview with the author here](#)